

COVID-19 GUIDELINES FOR TRAINING AT SUTTON SPORTS VILLAGE



THESE GUIDELINES MUST BE ADHERED TO AT ALL TIMES OR IT MAY RESULT IN REMOVAL FROM THE PROGRAM



ATHLETES



- Enter in your cheer shoes ready to go.
- No bags will be permitted in the building.
- Ensure your waterbottle is named.
- No Contact with anyone. (Unless stunting when given the go ahead)
- Bring your own mask and sanitiser.
- Cheer Shoes will be sprayed upon arrival.

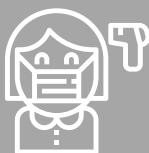


PICK UP & DROP OFF

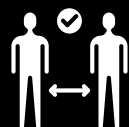
- Pick up and Drop off will be at main reception.
- Parents/ drivers are to remain in their cars.
- Parents are not permitted inside of the building.
- A coach will meet Tint T's & Little Lightnings at reception.
- Athletes must be dropped & picked up on time or may not be able to participate in the class.



HEALTH CHECKS



- Temperature will be checked upon entry.
- Attendance will be taken upon entry.
- If you/ anyone at home have flu symptoms or have travelled to a non government approved country in the last 14 days stay home.
- Anyone with symptoms will be sent home.
- We will be using our own track and trace system so you will be asked a few questions upon arrival.



SOCIAL DISTANCING



- Class sizes will be limited and we will have 2 floors in operation.
- We will maintain an acceptable social distance at all times.
- Please use the bathrooms before attending and only use the centres in emergencies.
- All viewing galleries are closed, no parents will be permitted inside of the building. If you wish to speak to us please email or call.



TRAINING



- Staff will ensure that they maintain an appropriate distance from other coaches, staff and athletes at all times.
- Coaches will be responsible for sanitising equipment after their class.
- Coaches will wear appropriate PPE
- No stunting and/or partner work will take place until cleared to do so.



CLEANING



- Mats will be cleaned at the end of the night.
- Hand sanitising stations will be set up around the tennis court
- All commonly used areas will be sanitised and wiped down after each class.



ENTRY

ONE WAY SYSTEM



EXIT

- | | |
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| <ul style="list-style-type: none"> • Enter at reception • Turn right and wash hands in the bathrooms. • Continue to the stairs to the viewing gallery. • You will be greeted at the court with sanitiser and a temperature check | <ul style="list-style-type: none"> • Leave via the fire exit • Turn left into the main reception. • Continue past reception to the old waiting area and exit via the door. • Turn right and you are back in the car park. |
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